How to Change the world in 20mins

Guaranteeing Healthy Homes



Conference 2018

NZ has the highest asthma rate in the world, 30% of 7 year olds in NZ have asthma, directly attributed to mouldy houses.



Christchurch City most suicides in the world

90% of residents say homes too cold

Most waste going to landfill per/cap



(evaporative cooling) to regulate our own body heat. Moisture introduced by normal activity such as cooking and washing can lead to condensation problems, often causing mold growth on internal surfaces and and particles. By contrast, some natural insulation products such as wool present no hazard to installers.

Moisture Buffering Materials

*TRULY, WHAT A FANTASTIC, TIMELY, IMPORTANT BOOK!" - PAUL HAWKEN, author of Drawdown and Blessed Unres

THE NEW CARBON ARCHITECTURE



BUILDING TO COOL THE CLIMATE



Home Truths

Confronting New Zealand's Housing Crisis

PHILIPPA HOWDEN-CHAPMAN

WHEN I TALK ABOUT NEW ZEALAND HOUSING OVERSEAS I'M INCREASINGLY EMBARRASSED BY THE ASTONISHED REACTION OF AUDIENCES.' **Home Truths**

'when I talk about New Zealand Housing Overseas I'm increasingly embarrassed by the astonished reaction of audiences

\$1 spent on building better saves \$4 on health costs

BWB Texts

Which one of these people has **most effect** on **public health?**



If we all lived in healthy homes 8-9% more productivity (180,000 fewer days off) 30% less hospital admissions (\$54m less in hospital costs) 250 less deaths

..... and we'd be healthier & happier with more disposable income

98% of what gets built today is shit.

Frank Gehry



ilikearchitecture.net



Across Church Square... The New Slums Opened by a Prime Minister

The Building Code describes...



The Building Code describes...

The Worst House You Are Legally Allowed to Build

SUPERHOME *movement* Learning / Sharing / Connecting

Innovate /Collaborate /Co-create

Walking the talk

Superior (to code) 5 UPERHDME movement

Learning / Sharing / Connecting

Innovate /Collaborate /Co-create

Walking the talk











EXEMPLAR Homes Free Self-Guided Tour 2017

Open 11am-4pm, Saturdays & Sundays in May

You are invited to look through some of the most innovative and sustainable homes in Christchurch. FREE Tour runs from Saturday 6th to Sunday 28th May.

Find out more visit www.superhome.co.nz















COST to **CUSTOMER**?

NZGBC data for

specification data prepared for Auckland City Council and extrapolated by BBA

			house cost		extra	
	%+	power/yr				
•	Homestar 3-4 rating	\$320,139	+\$0		0%	\$2500
•	Homestar 5 rating	\$323,376	+\$3,237	+1.1%	\$1800	
•	Homestar 6 rating	\$326,810	+\$6,347	+2.2%	\$1250	
•	Homestar 7 rating	\$336704		+\$16,241	+5.5%	\$675
•	Homestar 8 rating	\$352,152	+\$32,013	+10%	\$0	







Creating Living Buildings	Energy use	Airtightness	Integrative process	Location + transport	Sustainable sites	Inspiration + education	Water efficiency	Energy + atmosphere	Materials + resources	Indoor environment	Innovation + design	Urban agriculture	Net zero water	Net zero energy	Civilised environment	Health +happiness	Biophilic environment	Red list chemicals	Carbon footprint	Living economy	Net positive waste	Responsible industry	Equity	Beauty + spirit	Inspiration + education
LEED		0									0	0	0			0	0				0				0
DEAP		0																							
Homestar		0									0	0	0			0	0				0				
Passive House	•																								
LBC		0														•									
Living Building Challenge fully considered requirement partly considered requirement partly considered requirement																									



- 1. Design (function and delight/beauty)
- 2. Resilience (longevity and durability)
- 3. Green (environment & resource use)
- 4. Energy (cost, comfort & affordability)
- 5. Health (well, happy & productive)



mar 28

Kaikoura - Superhome Seminar and Live Webinar

by Superhome Movement

Free

EVENTS www. superhome.co.nz Sign on for email NEWSLETTER Like us on FACEBOOK eventbrite





THE GOLDEN CIRCLE

WHAT

Every organization on the planet knows WHAT they do. These are products they sell or the services

HOW

Some organizations know HOW they do it. These are the things that make them special or set them apart from their competition.

WHY

Very few organizations know WHY they do what they do. WHY is not about making money. That's a result. WHY is a purpose, cause or belief. It's the very reason your organization exists.





生き甲斐 ikigai

ikigai is the Japanese concept of **"a reason for being."** Everyone has an ikigai. To find it requires a journey of self discovery. But the search is worth it.

Your ikigai is the meaning to your life.





Adapted to affordable, smaller, spatially efficient homes









Selwyn road House 2011 bob burnett



Hawkesbury Ave 2012

Sodden House Syndrome






Somerfield House 2014

Carey Street Exemplar Housing

Preliminary Design Concept Issue 28 July 2016











GETHSEMANE VILLAGE - CLIFTON HILL, CHRISTCHURCH CONCEPT PLAN

Innovations

Fully insulated Slabs Magroc insulfound ECOMASTER dual heat U/F & HWC heat pump FRAME SAVER / LVL 140 High performance windows Solar wall / ERV with ultraclad Earthquake resilience / dampers **Rainwater harvesting** (grey water) energy recovery sh wastes Energy management and monitoring PV with battery back up Passive solar design LED lighting Spatially aware Accoustic design Certified materials Sharing ideas etc. etc.



Slab - Fully insulated no bridging

Slab Edge Insulation is essential Breakthrough In-Slab Heating systems

Walls -better building envelopes

stronger, warmer, more airtight Frame Saver Panelised Construction Systems

Windows – high performance

NZBC acceptable vs alternative solution install in warm part of wall not cavity











WINDOWS



- Double glazed
- With right spacer (thermex)
- PVC frame (non conductive)
- Low E Xcel (best Low E) +30%
- Argon filled +10%



• Recessed into the wall



igure 86: Windows and doors for rusticated weatherboards on cavity Paragraph 9.4.7

























003

· 1/5 * 141